



Counselor Institute

DE-ESCALATE TO EDUCATE

EXPLORE THE MEANING BEHIND CHALLENGING BEHAVIOR AND HOW TO GUIDE STUDENTS TOWARD EMOTIONAL REGULATION AND SELF-CONTROL. LEARN PRACTICAL DE-ESCALATION TOOLS TO HELP STUDENTS CALM DOWN, REFLECT, AND MAKE POSITIVE CHOICES WHILE BUILDING TRUST AND CONNECTION.

Key Topics Covered:

- Identify what drives challenging behavior
- Spot early signs of escalation
- Learn calming and coping skills
- Build trust and positive choices

**Wednesday,
November
12, 2025**

\$175



Workshop #376250

**Region One Education Service Center
1900 W. Schunior St. Edinburg, Texas 78541
Fort Ringgold Room**

**Networking 8:00 am - 8:30 am
8:30 am to 3:45 pm**

**For more
information contact:**

Monica Trevino
montrevino@esc1.net
956-984-6201

Wanda Lee Perez
wperez@esc1.net
956-213-6805

Register Today